

FREE Car Safety Seat Inspection

Monday, July 26

3 - 7pm

MultiCare Maple Valley Clinic

23846 SE Kent-Kangley Rd.
Maple Valley, WA 98038

No appointment necessary



Our certified child passenger safety technicians will teach you how to install your car seat correctly. For a complete inspection, please bring your car seat and vehicle owner's manuals.

Questions about car seats?

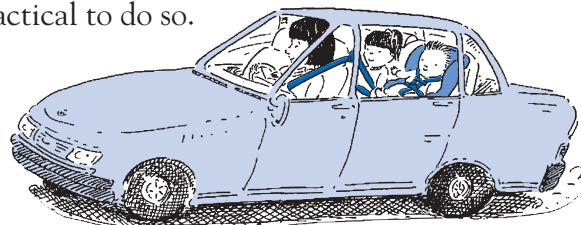
Call the Mary Bridge Car Seat Help Line at 253.403.1417.

MultiCare 

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Washington's Child Restraint Law

- Vehicle occupants of any age must be restrained properly. The driver is responsible for properly securing all passengers under age 16.
- Children under age 13 must ride in the back seat, whenever practical to do so.
- Children under age 8 or 4'9" tall must ride in an appropriate child restraint system (i.e. car seat or booster seat). Child restraint systems must be used according to the manufacturer's instructions.
- When your child reaches age 8 or 4'9" tall – use the "Seat Belt Readiness Test" below to determine if they are ready to move to an adult seat belt.



CHILD'S AGE	TIPS FOR CHOOSING A SEAT	FEATURES TO LOOK FOR
INFANT (0-12 months)	<ul style="list-style-type: none"> • Infants must ride in a rear-facing car seat. • Infant seats are convenient for newborns and young babies – most have a base that installs in the vehicle, while the seat can be snapped in and out and used as an infant carrier. • Convertible seats are larger and remain installed in the vehicle. Most have higher weight and height limits than infant seats. Always install it in the rear-facing position for infants. 	<ul style="list-style-type: none"> • 5-point harness with up front harness adjuster • Low harness slots (for newborns) • Multiple harness slots / crotch buckle positions (to adjust as baby grows)
TODDLER (1-2 years)	<ul style="list-style-type: none"> • Children under age 2 are safest in a rear-facing car seat – choose a convertible seat with high rear-facing limits (30-35 lbs). • When your child reaches the rear-facing limits of their convertible seat – the next step is a forward-facing car seat. • Under no circumstances should a child ride forward-facing before reaching age 1 and 20 pounds. 	<ul style="list-style-type: none"> • 5-point harness • High rear-facing weight limit • Easy-to-use features – try installing seat and adjusting harness before you buy
PRESCHOOLER (3-5 years)	<ul style="list-style-type: none"> • Children are safest in a 5-point harness. • If your child outgrows their car seat before age 4 / 40 pounds – consider moving to a seat whose harness system will accommodate their size. • The next step is a booster seat – always used with both a lap and shoulder seat belt. 	<ul style="list-style-type: none"> • 5-point harness • High forward-facing weight/height limit • High harness slots (for taller kids)
SCHOOL-AGE (6+ years)	<ul style="list-style-type: none"> • Your school-ager needs to use a child restraint system (car seat or booster) until the adult lap/shoulder belt can fit properly. • When your child reaches age 8 or 4'9" tall – use this "Seat Belt Readiness Test" to determine if they are ready to ride in an adult seat belt: <ul style="list-style-type: none"> ✓ Can your child sit comfortably against the vehicle's seat back? ✓ Can your child's knees bend at the edge of the seat? ✓ Does the lap belt fit low across the upper thighs? ✓ Does the shoulder belt fit across the center of the shoulder and chest? ✓ Can your child stay seated comfortably in this position for the entire ride? <p>If the answer is "no" to any of these questions, your child should remain in a booster seat.</p> • Make sure your child always wears their seat belt correctly, and rides in the back seat until age 13. 	<ul style="list-style-type: none"> • High-back boosters provide whiplash protection • Open shoulder belt guides for better fit • Wide / deep base for larger children • Kid-friendly designs (cool fabrics, cup holders, etc.)

**Questions about car seats, booster seats, or Washington's child restraint law?
 Call the Mary Bridge Car Seat Help Line at 253-403-1417.**